

Chastity Education Program Overview **5th through 8th grade**

As supportive partners of parents, the Diocese of Erie Catholic Schools will provide a Chastity Education Program for all 5th through 8th grade students. Parents who do not wish to have their child participate must notify the principal in writing to have them excused from this curriculum. Five lessons will be provided to the 5th and 6th graders. At the 7th and 8th grade level, students will have lessons from *Theology of the Body for Teens* by Ascension Press. This program has been approved by Bishop Lawrence T. Persico for its alignment with Catholic Doctrine and Diocesan Curriculum Guidelines.

5th grade lessons

Lesson One: Self-Knowledge Can Help Us Grow

Lesson Two: Selfish or Selfless?

Lesson Three: Practicing Love at Home

Lesson Four: Do We Think Before We Act?

Lesson Five: Growing Up Loving

6th grade lessons

Lesson One: The Gift

Lesson Two: How Love Got Scrambled

Lesson Three: The Journey

Lesson Four: They Become One

Lesson Five: Practicing Chastity Makes Perfect

7th grade lessons

Chapter One: Who am I? Discovering My True Identity

Chapter Two: Our Story: God's Plan, Human Sin, Jesus' Love

Chapter Three: Me, Myself, and I: Body and Soul

Chapter Four: How Should I Act?

8th grade lessons

Chapter Five: Sex, Love, and Chastity (God's plan for human sexuality)

Chapter Six: To Use or Not to Use? That Is the Question: The Opposite of Love

Chapter Seven: Vocation: God's Call, My Response

Chapter Eight: Hope and Future: Daily Living Out the Language of the Body

Parents of 7th and 8th graders are encouraged to accompany their children through the lessons by using Ascension Press's parent guide, created to complement the teacher and student books in the *Theology of the Body for Teens* program. The link to order from Ascension Press directly is <https://ascensionpress.com/products/theology-of-the-body-for-teens-middle-school-edition-parents-guide>.